

## 80 Skills That Help Ease the Transition to Kindergarten



**Author:**

**Source:** State: Arizona Department of Education

To be ready for kindergarten, preschoolers need a variety of skills. While few students possess all of them before they enter, here's a list of skills that will help make the transition easier, divided by subject area:

<b>Reading Readiness</b>	<b>Listening &amp; Sequencing</b>	Hop	Identifies other children by name
Remembers pictures from a printed page	Follows simple directions	Alternate feet walking downstairs	Can take care of toilet needs independently
Repeats a 6 to 8 word sentence	Pays attention	March	Cares for own belongings
Pretends to read (has been read to often)	Recognizes common sounds	Stand on one foot 10 seconds	Dresses self
Identifies own first name in writing	Retells a simple story in sequence	Walk backwards for 5 feet	Brushes teeth
Attempts to print own first name	Repeats a sequence of sounds	Throw a ball	Can be away from parents for 2 to 3 hours
Answers questions about a short story	Repeats a sequence of numbers heard	Paste pictures on paper	Joins in family conversation
Looks at pictures and tells a story	<b>Size, Position &amp; Direction</b>	Clap hands	Carries a plate of food
Understands words are read left to right	Big and little	Button clothes	Maintains self-control
Familiar with the letters of the alphabet	Long and short	Build with blocks	Gets along well with others
Knows some nursery rhymes	Up and down	Complete simple 5 piece puzzle or less	Talks easily
Knows the meaning of simple words	In and out	Draw or color beyond a simple scribble	Meets visitors without shyness
<b>Time</b>	Front and back	Zip clothes	Puts toys away

Understands day and night	Over and under	Control pencil and crayon well	<b>My Child Knows...</b>
Knows age and birthday	Hot and cold	Handle scissors	Body Parts
<b>Recognizes Colors &amp; Shapes</b>	Empty and full	Cut and draw simple shapes	Own first name
Recognizes primary colors	More and less	<b>Social-Emotional</b>	Own last name
Recognizes triangles, circles, squares & rectangle	Fast and slow	Expresses self verbally	Parents' names
<b>Numbers</b>	Top and bottom	Looks forward to going to school	Home address
Counts to 10	<b>Motor Skills</b>	Recognizes authority	Home phone number
Can count objects	Run	Shares with others	When to use a handkerchief
	Walk a straight line	Helps with family chores	Own sex
	Jump	Works independently	

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